



GRIEF AND LOSS SUPPORT GROUP

For those coping with:

- The death of a loved one
- A recent major life change
- A major illness or injury
- Divorce, separation or loss of other significant relationship



Call or email for more information or to register

Learn about the natural process of grief and healing

Develop new skills for coping with grief

Connect with others who have experienced loss

Improve self-care while grieving

Prepare for difficult days of significance ahead

PSYCHOLOGICAL WELLNESS CENTER

8461 Lake Worth Rd.
Suite 234
Tuesdays 6:30-7:30 PM

561-207-7625

info@psywellness.com

Group facilitated by
Erin Lawson, Psy.D.
Licensed Psychologist



GRIEF AND LOSS SUPPORT GROUP

For those coping with:

- The death of a loved one
- A recent major life change
- A major illness or injury
- Divorce, separation or loss of other significant relationship



Call or email for more information or to register

Learn about the natural process of grief and healing

Develop new skills for coping with grief

Connect with others who have experienced loss

Improve self-care while grieving

Prepare for difficult days of significance ahead

PSYCHOLOGICAL WELLNESS CENTER

8461 Lake Worth Rd.
Suite 234
Tuesdays 6:30-7:30 PM

561-207-7625

info@psywellness.com

Group facilitated by
Erin Lawson, Psy.D.
Licensed Psychologist

