

# TOSS AND TALK BALL: FAMILY EDITION

## INSTRUCTIONS:

USE A SHARPIE TO COVER A BALL IN QUESTIONS. HERE ARE SOME SUGGESTED QUESTIONS. TO KEEP IT FUN, ADD A MIX OF FUNNY, THOUGH-PROVOKING, AND SILLY/ACTIVE ITEMS. HAVE YOUR FAMILY STAND IN A CIRCLE IN AN OPEN SPACE AND TOSS THE BALL TO EACH OTHER. EITHER GO IN A CIRCLE OR RANDOM ORDER, OR KEEP SWITCHING IT UP. WHEREVER YOUR RIGHT THUMB LANDS, IS THE QUESTION YOU ANSWER. HAVE FUN!!!!



WHAT ARE YOU MOST PROUD OF?  
WHERE WOULD YOU FLY IF YOU HAD WINGS?  
WHAT IS YOUR FAVORITE FAMILY MEMORY?  
IF YOU HAD ONE WISH, WHAT WOULD IT BE?  
DESCRIBE YOURSELF IN 3 WORDS  
WHAT CHEERS YOU UP?  
WHAT TALENT DO YOU WISH YOU HAD?  
WHAT ARE YOU MOST PROUD OF?  
WHAT MOVIE WOULD YOU WANT TO BE IN?  
WHERE DO YOU WANT TO TRAVEL TO MOST?  
WHAT IS YOUR #1 FAVORITE FOOD?

WHAT IS YOUR FAVORITE THING ABOUT OUR FAMILY?  
NAME ONE THING YOU LEARNED THIS WEEK  
WHAT IS THE BEST GIFT YOU EVER RECEIVED?  
WHAT IS ONE THING YOU WISH YOU HAD MORE HELP WITH?  
WHAT ANIMAL WOULD YOU CHOOSE TO BE? WHY?  
HOW DID YOU HELP SOMEONE IN OUR FAMILY TODAY?  
WHAT IS THE BEST THING TO DO WHEN YOU FEEL ANGRY?  
TALK ABOUT A TIME YOU HAD FUN WITH OUR FAMILY.  
WHAT IS YOUR FAVORITE TIME OF DAY?  
WHAT SUPERPOWER DO YOU WISH YOU HAD?  
DO YOU PREFER TO BE HOT OR COLD?  
CAN YOU TOUCH YOUR NOSE WITH YOUR TONGUE?

TELL YOUR FAVORITE JOKE.  
CAKE OR CUPCAKES?  
DESCRIBE YOUR PERFECT SANDWICH.  
DESCRIBE SOMEONE WHO IS THOUGHTFUL.  
NAME SOME FEELINGS YOU DON'T LIKE.  
GIVE SOMEONE A COMPLIMENT.  
WHAT DO YOU WANT TO BE WHEN YOU GROW UP?  
WHO IS YOUR FAVORITE TV CHARACTER?  
WHAT IS YOUR LEAST FAVORITE CHORE?  
DESCRIBE YOUR FAVORITE ICE CREAM FLAVOR.  
WHAT ARE SOME OF YOUR FAVORITE SONGS?

CHALLENGE: DO 10 JUMPING JACKS.  
CHALLENGE: PAT YOUR HEAD AND RUB YOUR BELLY  
CHALLENGE: MAKE SOMEONE LAUGH  
CHALLENGE: ACT LIKE A MONKEY  
CHALLENGE: HAVE A STARING CONTEST WITH SOMEONE  
CHALLENGE: EVERYONE ELSE TRIES TO MAKE YOU LAUGH  
CHALLENGE: INVENT A SILLY DANCE AND TEACH IT  
CHALLENGE: ACT OUT A MOVIE FOR EVERYONE TO GUESS  
CHALLENGE: TAKE THREE DEEP BREATHS  
CHALLENGE: HAVE EVERYONE SIT, TELL RELAXING STORY  
CHALLENGE: TRY TO BALANCE THIS BALL ON YOUR HEAD

WHAT RELAXES YOU?  
WHO IS A GOOD FRIEND TO YOU? WHY?  
TALK ABOUT A TIME YOU WERE SURPRISED.  
WHAT DO KIND PEOPLE DO?  
WHAT WOULD YOU BUY WITH A MILLION DOLLARS?  
TALK ABOUT A TIME YOU FELT SAD.  
WHAT MAKES YOU FEEL EXCITED?  
WHAT IS SOMETHING THAT WORRIES YOU?  
HOT DOGS OR HAMBURGERS?  
EARLY TO RISE OR LATE TO BED?  
WHAT IS YOUR FAVORITE GAME?

WHO IS SOMEONE YOU ADMIRE? WHY?  
WHAT DOES OUR FAMILY NEED TO DO MORE OF?  
WHAT DOES OUR FAMILY NEED TO DO LESS OF?  
WHAT MAKES OUR FAMILY SO AWESOME?  
WHO IS ANOTHER FAMILY YOU ADMIRE? WHY?  
CHOCOLATE OR VANILLA?  
WHAT IS YOUR PERFECT VACATION?  
WHAT 3 THINGS DO YOU HAVE ON A DESERTED ISLAND?  
WHAT IS YOUR FAVORITE RESTAURANT?  
WHAT MAGICAL SKILL DO YOU WISH YOU HAD?  
WHAT IS YOUR FAVORITE SMELL?  
NAME 3 THINGS WE SHOULD ADD TO A FAMILY FUN LIST.