

# Acts of Kindness Bingo

WRITE A NICE NOTE OR DRAW A PICTURE FOR SOMEONE	GIVE EACH MEMBER OF THE FAMILY A COMPLIMENT	HELP SOMEONE BEFORE THEY ASK	DO A CHORE WITHOUT BEING ASKED	MAKE SOMEONE LAUGH
WRITE A NICE MESSAGE IN SIDEWALK CHALK	SHARE SOMETHING	TELL A JOKE	PUT ASIDE SOME THINGS TO BRING TO A DONATION BOX	SAY "THANK YOU" ALL DAY LONG
SMILE AT SOMEONE	MAKE IT A "NO COMPLAINING" DAY	<i>Free</i>	CALL A FAMILY MEMBER TO SAY HI	DECORATE A KINDNESS ROCK OR CREATE A KINDNESS MESSAGE ON PAPER
CLEAN UP AFTER SOMEONE ELSE	SAY "PLEASE" ALL DAY LONG	TELL A FAMILY MEMBER HOW IMPORTANT THEY ARE TO YOU	GIVE AN EXTRA HUG TO A PARENT OR CAREGIVER	ASK SOMEONE HOW YOU CAN MAKE THEIR DAY BETTER
THROW TRASH AWAY WITHOUT BEING ASKED	SING A SONG FOR SOMEONE	DO SOMETHING KIND FOR YOURSELF TOO!	PLAY A GAME WITH SOMEONE	PLAN A SIMPLE SURPRISE FOR SOMEONE